

Don't forget, your local Pharmacist can provide help and advice on all kinds of medicines-related problems and health issues, including:

- **Disposal of unwanted medicines**
- **Information about other people and organisations who can help with health and social care needs**
- **Help and ideas for caring for your own health and that of your family**
- **Advice on lifestyle improvements such as managing your weight, high blood pressure, diabetes and stopping smoking**

So, remember, just ask for **NHS Care at the Chemist!**

Halton and St Helens **NHS**
Primary Care Trust



Useful number when Pharmacy
is closed: NHS Direct
Tel: 0845 46 47 (24 hours)

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NHS Care at the Chemist

**Advice and treatment for minor illness –
a fast and friendly service**



NHS Care at the Chemist – what's it all about?

Halton and St Helens Primary Care Trust operates a minor ailments scheme that you can access via your local community pharmacy (chemist).

Can I just call in to my local chemist?

Yes you can. The scheme is open to anyone aged one year and over. Call into your GP surgery and ask the receptionist to be registered onto the Care at the Chemist scheme. You will be issued with a pink record book which you can take to any participating pharmacy if you need advice or treatment for your ailment.

The scheme does not stop you seeing your GP in the normal way.

Under the scheme you can see your local Pharmacist for a private consultation, usually without an appointment, for a wide range of ailments.

If you don't pay for your prescriptions then any medication the Pharmacist prescribes will be free of charge.

What treatments are provided?

Your local Pharmacist is able to give advice and prescribe a medicine from an agreed list to ensure the most appropriate treatment for your condition.

The scheme is only available to patients aged one year or over.

Can I go to my chemist with any ailment?

You can always ask your Pharmacist for advice about any ailment. The following conditions can currently be treated under Halton and St Helens NHS Care at the Chemist Scheme:

Allergy, athlete's foot, chesty cough, cold sores, constipation, diarrhoea, dry cough, headache or temperature, head lice, indigestion, mouth ulcers, minor eye infections, nasal congestion, oral thrush, sore throat, threadworm and vaginal thrush

Remember just ask for NHS Care at the Chemist!