

## **St Helens Walk In Centre**

The St Helens Minor Injuries Unit/NHS Walk-in Centre is a nurse-led service, providing unscheduled treatment and advice to patients of all ages with undifferentiated and undiagnosed minor illness or minor injury conditions.

It is situated in the Millennium Centre in St Helens town centre near the bus and train stations. The address is:

**Millennium Building,  
Bickerstaffe Street,  
St. Helens,  
Merseyside,  
WA10 1DH**

**Telephone:** 01744 627400

### **Opening Times**

It is open Monday to Saturday 7.00am to 10.00pm, and Sundays 9.00am to 10.00pm. Please contact the Walk-in Centre to confirm if booking an appointment is required.

### **Main services**

On each shift there is always a Team Leader on duty, and every effort is made to ensure a nurse independent prescriber is also on every shift, however, this is not always possible currently. The Walk in centre provides the following services:

- Blood pressure checks
- Contraceptive advice, including provision of emergency hormonal contraception
- Women's health problems, thrush and menstrual advice
- Coughs, colds and flu-like symptoms
- Treatment of minor infections
- Ear infections
- Throat infections
- Chest infections
- Urinary tract infections
- Ear syringing and care
- Information on staying healthy and health promotion
- Minor cuts and wounds - dressings and care
- Muscle and joint injuries - strains and sprains
- Skin complaints - rashes, sunburn and head lice
- Stomach ache, indigestion, constipation, vomiting and diarrhoea
- Limb fractures
- Back pain

However, the above list is not exhaustive, and nurses offer health promotion, advice and signpost patients to other services as appropriate.

### **Facilities**

- Disabled access is available
- Disabled car parking is available
- Induction loop is available

### **Translation Service**

There is access to Language line and local GP's.

### **Other information**

Disabled car parking is available in the streets nearby. There is a lift available for first floor services.

For further information see:

<http://www.nhs.uk/ServiceDirectories/Pages/WalkInCentre.aspx?id=YDC32>